

Women's Health in Louisiana: Challenges and Successes

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Louisiana Family Planning Program

LPHA Conference 2011



Disclosures

- I owe no one and I am not here to promote any product or entity.
- My goal is to simply increase awareness

Objectives

- To identify the health status of women in Louisiana
- To identify the top issues impacting the health of Louisiana Women
- To demonstrate women's health policy and legislation in Louisiana
- To identify challenges to the promotion of Women's Health in Louisiana
- To identify successful programs that have been found to benefit women in Louisiana
- To explore the impact of Sexually Transmitted Diseases amongst females in Louisiana





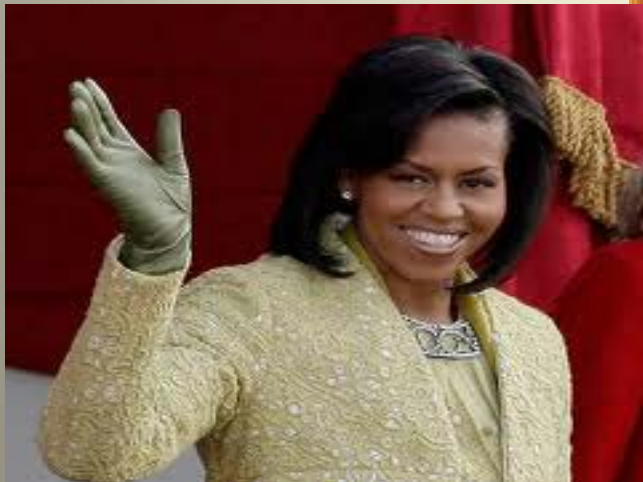






Meet the Women at the Heart of Go Red

Learn their *Untold Stories of the Heart*



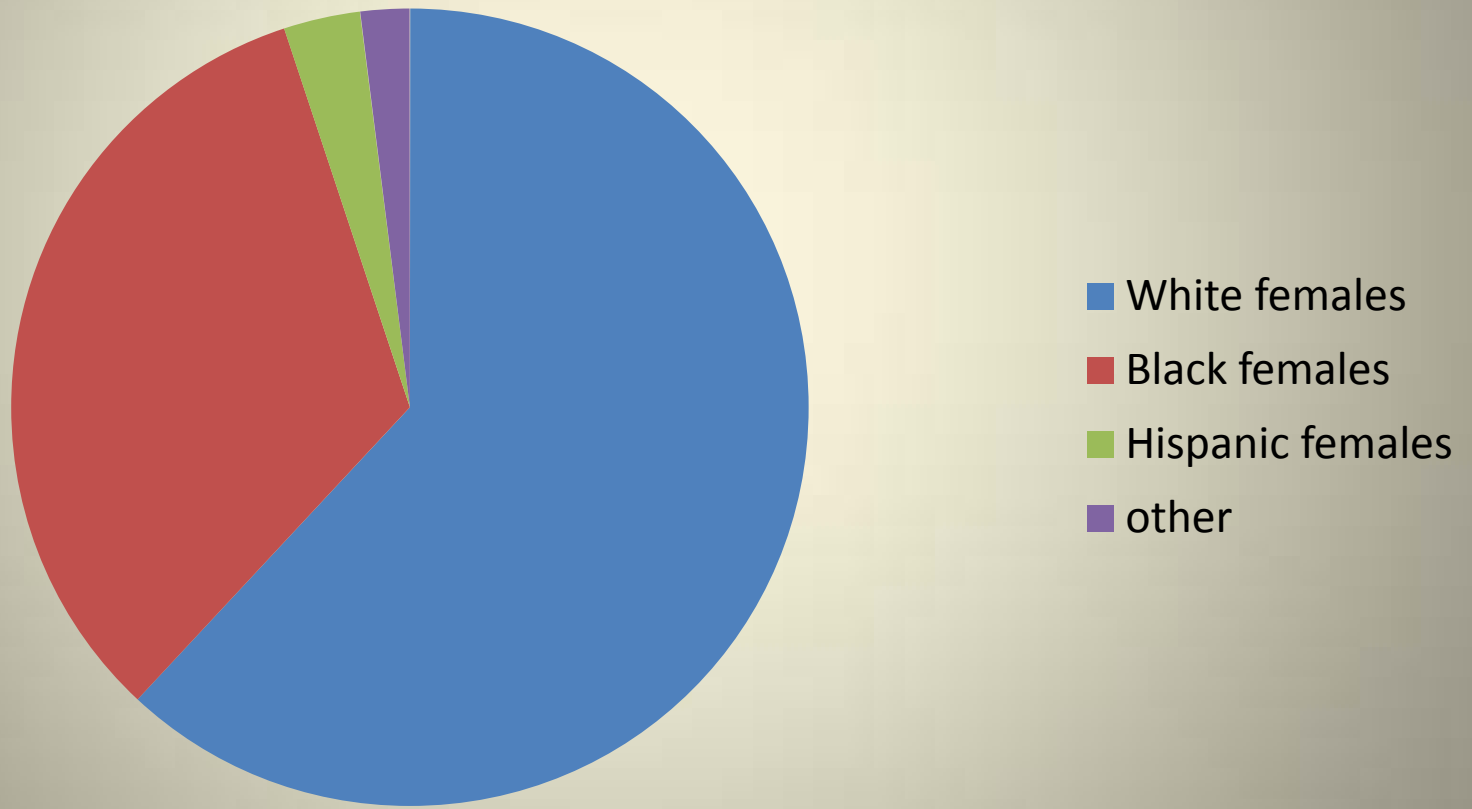


Louisiana Women Statistics

- There are 2.3 million women in La.
- 62% are non-Hispanic White
- 33% are non-Hispanic Black
- *Louisiana has the largest female minority population which is non-Hispanic Black*
- 3.1% are Hispanic

Demographics

Women in Louisiana



Source: 2009 US Census Bureau
www.census.gov

Demographic Characteristics

- Median Age-35.6 yrs
- Educational Attainment- 82.2% of persons ages 25 and over having graduated from high school, compared with a national average of 85.3%. **21% of Louisiana Residents have a Bachelors Degree**
- Income-37% female head of households
- Occupation
- Insurance Coverage

Louisiana Health Statistics

- Largest Death Rate of Breast Cancer
 - Ranks 47th in Heart Disease
 - Ranks 49th in High Blood Pressure
 - Ranks 50th in Obesity
-
- Source: [www.healthstatus](http://www.healthstatus2010.com) 2010.com

Health Indicators

- Physical Exercise
- Risk Behaviors-Smoking, ETOH use, Sexually Transmitted Disease
- Obesity
- Hypertension
- Preventive Health Screenings
- Immunization Rates

Source: 2009 Louisiana DHH Health Report Card; www.Cdc.gov

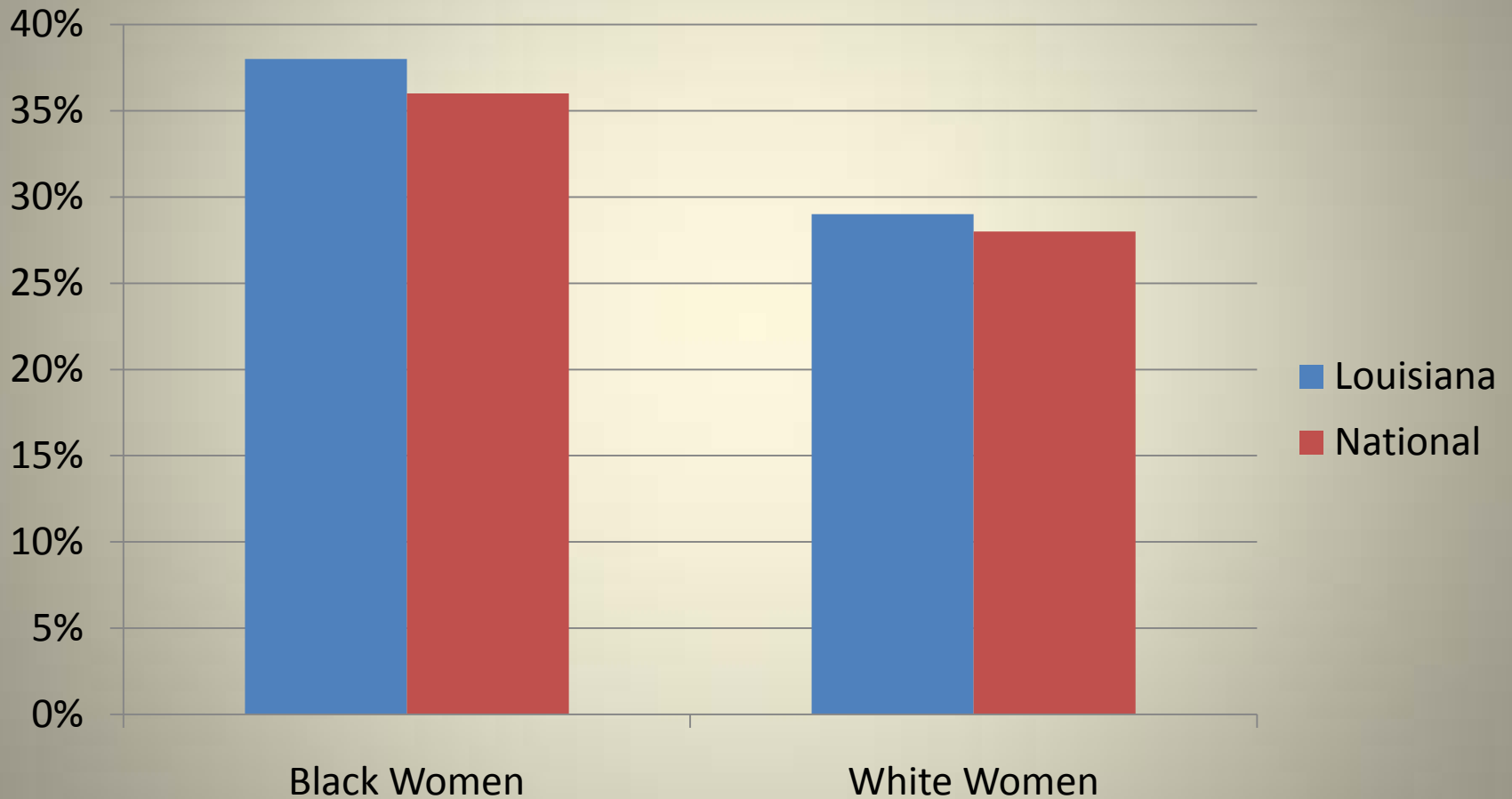
Social Determinants of Health

- Education & Income
- Inadequate Housing
- Environmental Hazards
- Unhealthy Air Equality
- HealthCare Access & Preventive Health
- Health Insurance Coverage
- Health Outcomes-Mortality
- Health Outcomes-Morbidity

Cancer

- Breast Cancer is by far the most diagnosed cancer amongst women in Louisiana and in the nation
- Louisiana Women are diagnosed with Breast Cancer at Advanced Disease

Disparity in Breast Cancer Mortality



Source: Behavior Risk Factor Surveillance System (BRFSS)

Heart Disease

- “Every 60 seconds, someone’s mother, daughter, wife, sister dies from heart disease or stroke
- Heart Disease is the #1 killer of White Women and African American Women
- In 2006, Heart Disease claimed the lives of 500,000 women in the U.S.
- Cardiovascular Disease, Lung, and Blood Disease are total cost of \$445 billion in health care expenditures

Source: American Heart Association



Louisiana Women & Heart Disease

- **4,877 women died of heart disease in Louisiana**
- **Heart Disease & Stroke account for 31% of all female deaths in Louisiana**
- **Nearly 17 women die of heart disease and stroke in Louisiana each day**
- **61.1% of women in Louisiana are obese and overweight**

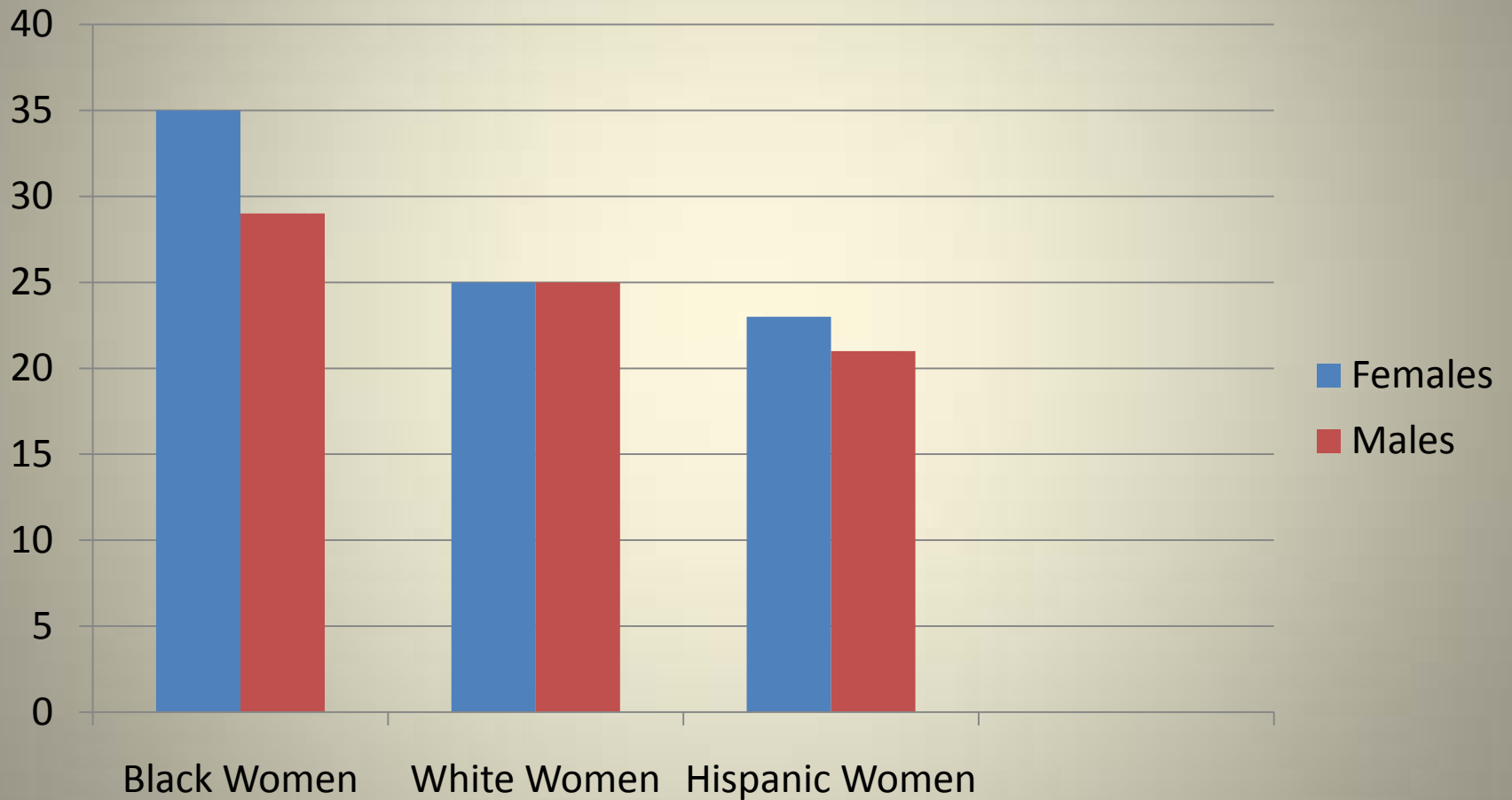
Source: American Heart Association;
Center for Disease Control and Prevention , 2007



Hypertension

- 1 in 3 U.S. Adults has high blood pressure
- In 2010, high blood pressure cost the U.S. \$76.6 billion in health care services, medication, and missed days of work

National Hypertension Disparity



Source: cdc.gov

Diabetes

- Affects more than 20.8 million Americans each year.
- Consist of Type 1, Type 2, and Gestational Diabetes
- 1,695 adults in Louisiana died of DM in 2005
- 5.3% of Women in Louisiana have Diabetes
- Hispanic Women have the highest rates 8.1%
- African American have the next higher rate 7.8%

Obesity

- 36% of women 20 yrs or older are obese
- 65% of adults in Louisiana were overweight or obese in 2007
- 61% of adults in Louisiana were not engaged in sufficient moderate or vigorous physical activity

HIV/AIDS

- 40% of adults have been tested for HIV
- Women were more likely to be tested than men
- Louisiana ranked 5th in state AIDS cases in 2007
- In Louisiana, 28,843 with 308 cases in children under the age of 13
- There are 16,418 persons living with HIV
- New Orleans ranked 2nd in the Nation in 2007 followed by Baton Rouge
- 33% new HIV and AIDS cases are among women
- In 2008, Greater than 70% of African Americans are newly diagnosed with HIV and AIDS cases

Source: Louisiana DHH HIV AIDS Program

Incidence of STDs Among Louisiana Women

- In 2008, Louisiana women rates were significantly higher than the national average
- 15-19 years females had the highest incidence of Chlamydia rates in Louisiana
- Most frequently tested in Family Planning Clinics

Louisiana STD Ranking

1st

Primary and Secondary Syphilis

La. Rate=16.5 per 100,000

National Rate=4.5 per 100,000

1st

Congenital Syphilis

- **La. Rate=36.3 per 100,000 live births**
- **National Average=10.1 per 100,000 live births**

Louisiana STD Ranking

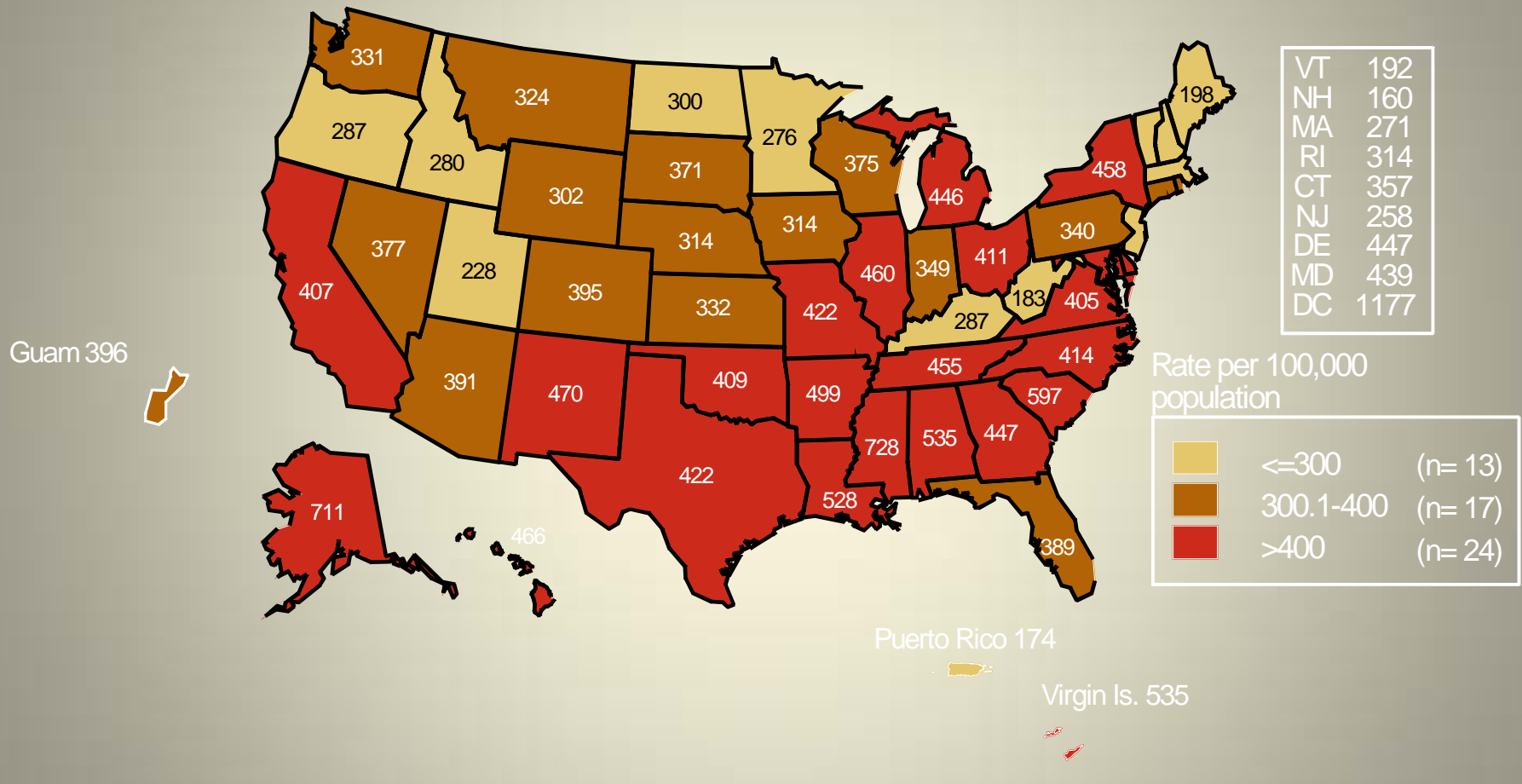
2nd Gonorrhea

- La. Rate=220.2 per 100,000
- National Average=111.6 per 100,000

5th Chlamydia

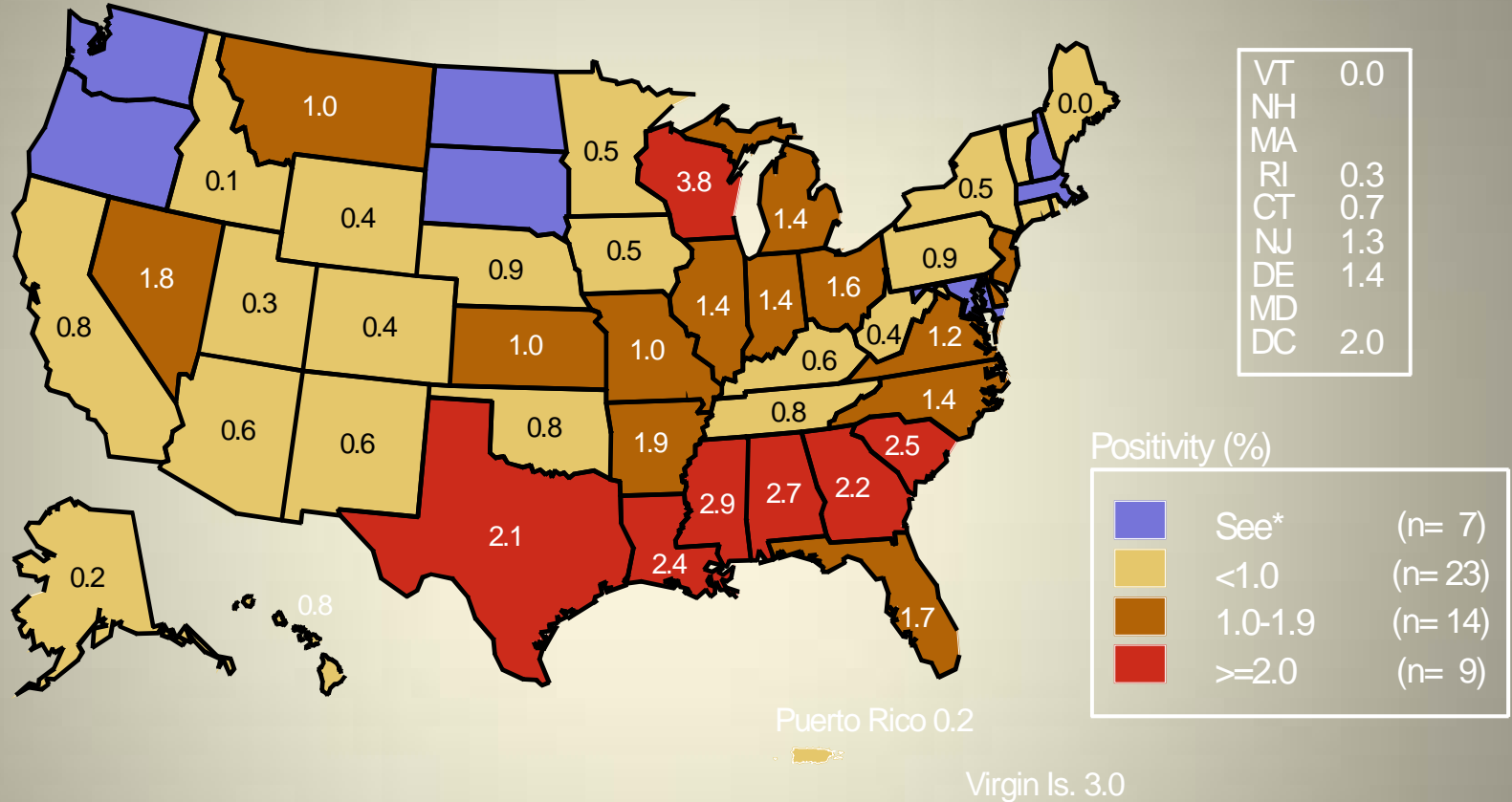
- La. Rate=527.8 per 100,000
- National Average=401.3 per 100,000

Chlamydia — Rates by state: United States and outlying areas, 2008



Note: The total rate of chlamydia for the United States and outlying areas (Guam, Puerto Rico, and Virgin Islands) was 398.5 per 100,000 population.

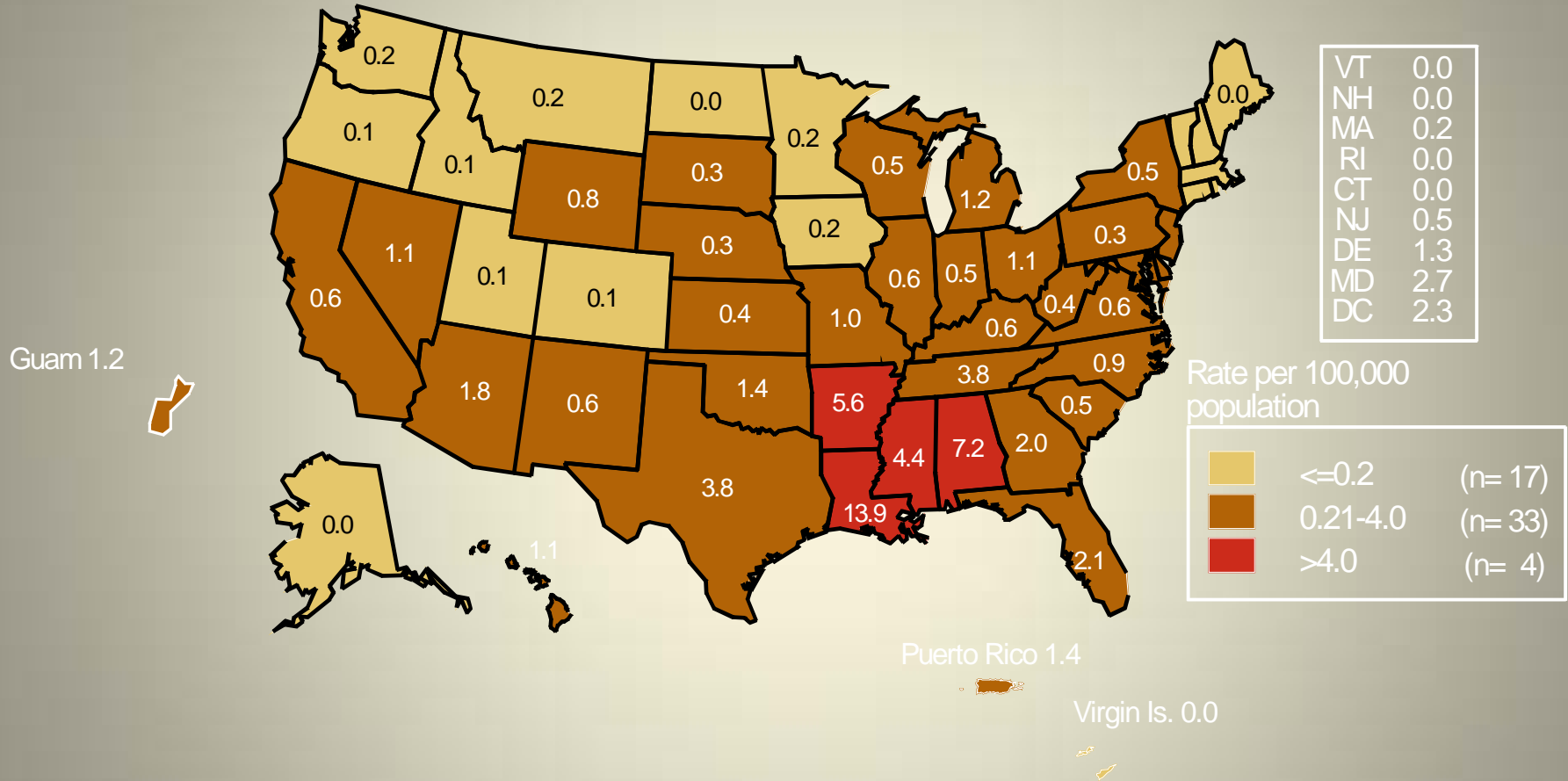
Gonorrhea — Positivity among 15- to 24-year-old women tested in family planning clinics by state: United States and outlying areas, 2008



*States/areas not meeting minimum inclusion criteria.

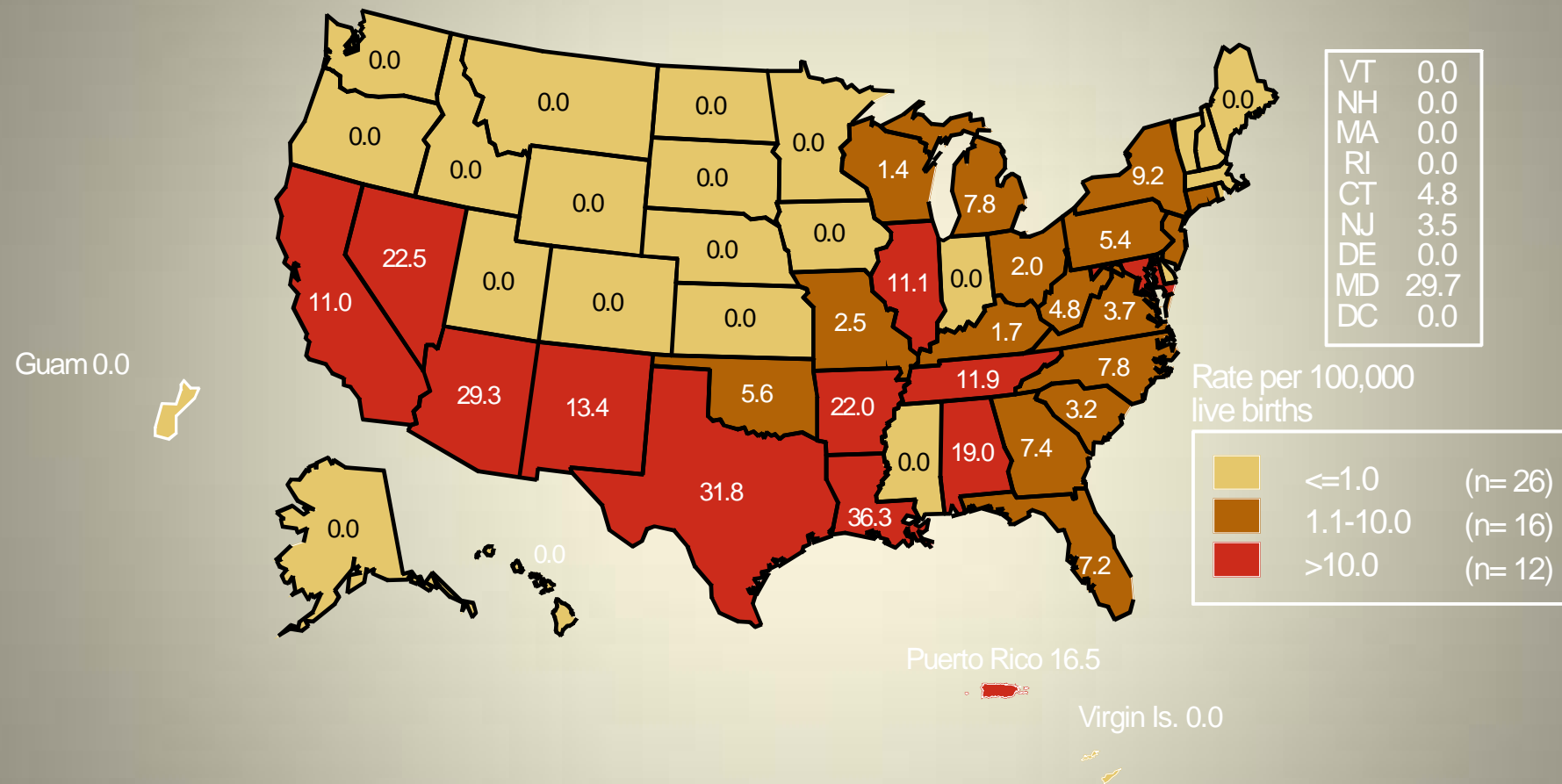
Note: Includes states and outlying areas that reported positivity data on at least 500 women aged 15-24 years screened during 2008.

Primary and secondary syphilis — Rates among women by state: United States and outlying areas, 2008



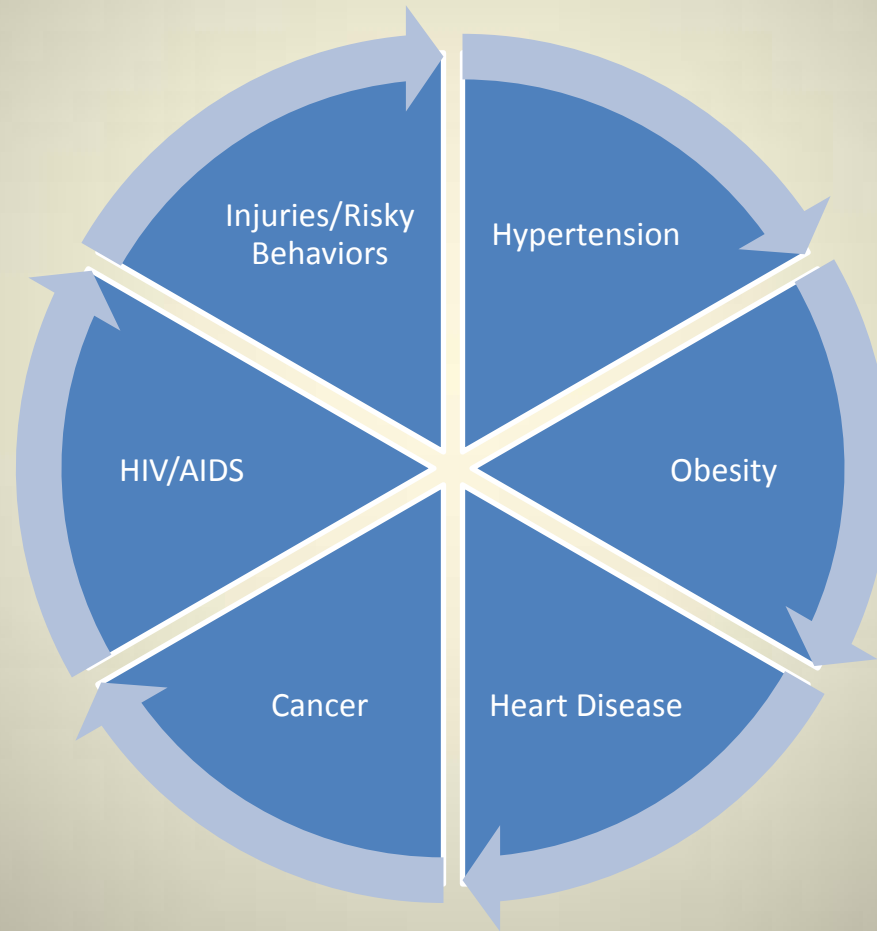
Note: The total rate of P&S syphilis among women in the United States and outlying areas (Guam, Puerto Rico, and Virgin Islands) was 1.5 per 100,000 female population.

Congenital syphilis — Rates for infants <1 year of age by state: United States and outlying areas, 2008



Note: The total rate of congenital syphilis for infants <1 year of age for the United States and outlying areas (Guam, Puerto Rico, and Virgin Islands) was 10.2 per 100,000 live births.

Issues Plaguing Women in Louisiana



Other Issues Impacting Women's Health in Louisiana

- Reproductive Health
- Mental Health
- Domestic Violence
- Alcohol Consumption
- Drug Abuse
- Unintentional Injuries

Challenges in Women's Health in Louisiana

- Socioeconomics
- Social Capital
- Human Capital

Tactile Challenges in Women's Health

- Lack a Sex Education Policy
- Higher Rates of Breast Cancer Deaths
- Louisiana Medicaid does not cover STD Testing or Treatment
- Health Disparities Persist
- Sexually Transmitted Disease Rates continue to increase

Legislators

- Approximately 1,727 who presently serve in the U.S. legislature
- 23.4% are comprised of Women Legislators
- 2010 legislative Session included 24.5 % of women legislators

Source: www.dhh.legis.state.la.us

Louisiana Women Legislators

- 23 Female Legislators in Louisiana
- 15 are in the House
- 8 are in the Senate
- Representative Lydia Jackson of Shreveport now leads the Women and Children's Committee
- Senator Sharon Broome is Pro Tempore of Senate

Legislation in Louisiana Impacting Women's Health

- Abortion Ban/Limitation

 - *Introduced 2010 Legislative Session and now law

- HIV Results

 - *Introduced 2010 Legislative Session and now law

- Sex Education

 - *Introduced 2010 Legislative Session

Challenges in Women's Health

- Lack a comprehensive sex education policy
- Higher Rates of Breast Cancer Deaths
- Disparities in all Chronic Diseases
- Louisiana Medicaid does not include in STD Testing or Treatment
- STD rates continue to persist
- Teen Pregnancy

Successes in Women's Health

- Breast Cancer Prevention Practices
National Average=79.4%
La. Average=79.6%
- Cervical Cancer Rates have improved significantly
- HPV Vaccination (FDA Approved 2006)
- Family Planning Waiver
(Initiated in October, 2006)
- Symptoms of Heart Disease for Women

Title X-Family Planning Program

- “CDC has cited Family Planning as one of the ten greatest public health achievements in the 21st century”
- USAID recognizes Family Planning as an International success for reproductive age women
- Initiated in 1970
- Celebrating 40 plus years
- Over 30 years in Louisiana



Title X-Family Planning

- Title X is a comprehensive program that prioritizes the reproductive health of women low income women
- Goals: reduce unplanned pregnancies, ensure proper spacing of pregnancies
- Emphasizes Counseling and Education
- STD and HIV prevention is a integral component of Title X

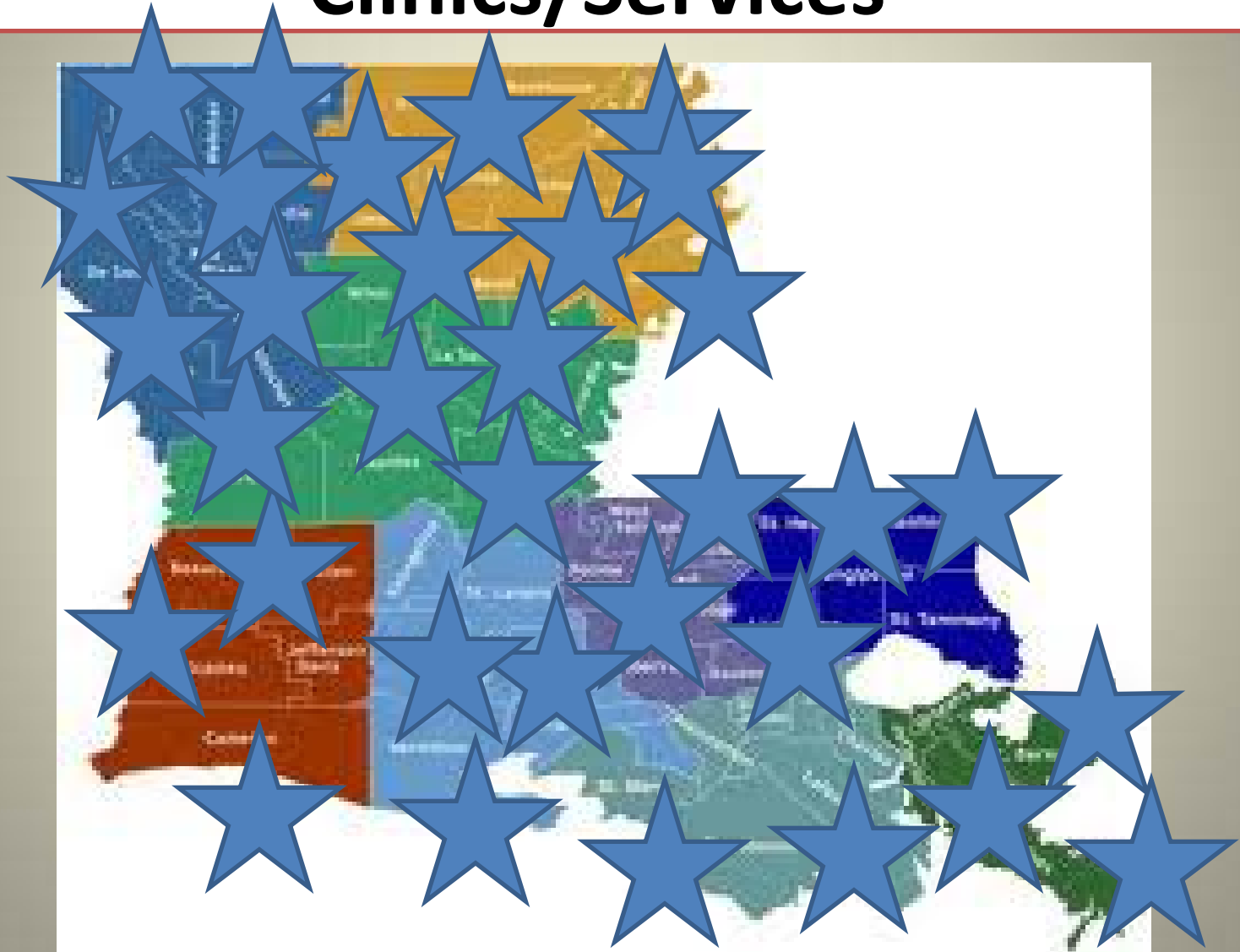


Title X-Family Planning

- Supports the rights to women, education, employment , and full participation in society
- Protect the environment by stabilizing population growth



Louisiana Family Planning Clinics/Services



Programmatic Accomplishments

- Provided reproductive health care to millions of females over the past 30 years
- In 2010, the FP Program served over 66,000 women and young men
- Male services have improved by over 1,500
- According to LaPrans data-unintended pregnancy
- Prioritized Preconception and Interconception Initiatives to improve positive birth outcomes

Programmatic Accomplishments

- Performs over 66,000 STD test annually
- HIV counseling, testing, and referrals-with concentration in linkages to care
- FP services are now in Plaquemines Parish in Metropolitan Region 1
- Increasing FP service in Delgado Personal Health Clinic in Region 1
- HIV Integration Initiative

National Women's Health Successes

- H1N1 administered to pregnant women
- Promotional activities to improve awareness on dating violence
- CDC revised STD guidelines as well as treatment of Group B Strep in perinatal women
- US Eligibility Criteria to improve quality and safety with prescribing contraceptive methods

National Women's Health Successes

- CDC's National Breast and Cervical Cancer Early Detection Program has served women over the past 20 years
- Right to Vote
- Equality in Pay

Conclusion/Policy Recommendation

- Advocacy
- Deliberate Actions and Policy Recommendation-Access and Insurance
- Promote equal opportunities
- Encourage Prevention
- Outreach is key
- Improve Education
- Bridge the Gap between Policy and Legislation

Thanks for your Attention

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